



## Munger Spud Run 5k Run/Walk

### Saturday July 27, 2019

**Location/Address/Parking:**

Parking lot of Munger Fire Department  
48 East Munger Road Munger, MI 48747

Parking will be available in the fire department parking lot. Additional parking will be on the lawn of the church, which is right next to the fire department as well as the free parking lot on Finn Rd.

**Time:**

Race will begin promptly at 9 A.M. Walkers at 9:02 A.M.

Race day registration will be begin at 7:45 and close at 8:45 a.m.

(A t-shirt cannot be guaranteed for day of or late registrants)

**Registration:**

\$20 pre-registration. Pre registration ends July 25<sup>th</sup>. \$25 after July 25<sup>th</sup>

Pre-registration: On line at <https://runsignup.com/Race/MI/Munger/MungerSpudRun>

They can also be mailed to this address:

Spud Run 678 N. Jones Rd. Essexville, MI 48732

**\*\*Checks payable to: Munger Volunteer Firemen**

**Awards:**

Awards to top 3 overall in male and female. Medals to top 3 in each age division, both male & female.

Under 10, 11-19, 20-29, 30-39, 40-49, 50-59, 60-over. Refreshments will also be provided post-race.

**Contact information:**

989-239-6114 Darlene Rierson or 989-415-0551 Stefanie Benson

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex: M F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age Race Day \_\_\_\_\_ E-mail Address \_\_\_\_\_ T-shirt size S M L XL XXL

Home Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ 5K RUN \_\_\_\_\_ 5K WALK \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Emergency Phone Number (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to complete the event. I agree to abide by any decision of a race official relative to my ability to safely complete this run within the designated time limit. I assume all risks associated with running in this race, including, but not limited to falls, contact with other participants, runners, bikers, horses and other animals, the effects of weather, including heat or cold and precipitation, traffic, and the conditions of the trails and roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless the race organizer, Twin City Track Club, Inc., all other sponsors and property owners, and all the agents, employees, officers, directors and volunteers working for those entities formal claims and liabilities of any kind arising out of or related to my participation in this race. I understand that headphones, baby joggers or strollers, roller skates and dogs are not allowed in this race/run.

Signature or Signature of parent \_\_\_\_\_ Date \_\_\_\_\_